



## Physical Therapy Indicators for Therapy:

- In infants, head is tilted to one side due to tightness of the neck muscle
- Not rolling, sitting, crawling or walking at the right age
- child favors use of one leg/arm/etc. over the other all of the time (rarely tries to use or forgets about other side)
- Abnormal or poor posture
- Tight joints or really loose/lax joints
- Floppiness or stiffness in muscle tone
- Difficulty with balance and coordination
- Excessive clumsiness/frequent falls
- Awkward jumping or running patterns
- Toe walking
- Walking difficulties- not walking by 16 months
- Pain/swelling in muscles or joints
- Not being able to keep up with same age peers